

# MARCH 2026

## Training Schedule

*Online Trainings for building skills, confidence, and connection for caregivers.*

**3/11**  
12:00 PM

### **PICKY EATERS CLUB: DIAGNOSES AND CONDITIONS**

Learn how underlying conditions can shape eating patterns and food acceptance.

<https://forms.office.com/r/ndV3X8EMma>



**3/20**  
9:00 AM

### **TRAUMA TSUNAMI**

Learn how trauma impacts the brain and body, and how to support regulation and connection.

<https://forms.office.com/r/CheTFyBTsy>



**3/22**  
7:00 PM

### **TRAUMA TSUNAMI**

Learn how trauma impacts the brain and body, and how to support regulation and connection.

<https://forms.office.com/r/AJU9L4aCd2>

